EDIBLES REX
YOUR CATERING COMPANY

November 2026

Arts Academy in the Woods Lunch

2:21:12 PM
Tuesday, October 27, 2026
12311 /

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Breakfast Sandwich WG Potato Wedge 1 cup w/Ketchup (20) Fresh Fruit (22) Juice 100% B- 4oz (15) .	**3** *Closed*	**4** Chicken Patty w/Chz WG bun (42) Diced Potatoes 1/2 c (15) Vegetable Juice 4oz (13) Craisins (28) Orange (21) .	**5** Pizza Slice WG (32) Carrot Coins 1/2 c (9) Broccoli 1/2c IW (4) Fresh Fruit (22) Baked Chips WG Juice 100% 4ozL Fruit (15) .	**6** *1/2 Day No Lunch*
9 Cheeseburger on WG Bun (33) Potato Wedge 1/2 c (17) Baked Beans 1/2 c (22) Fresh Fruit Mix (up to 2) (22) .	**10** Big Dad Pizza Pocket IW (31) Marinara Cup 3 oz IW (7) Vegetable Juice 4oz (13) Fresh Fruit Mix (up to 2) (22) Cheez -its WG (14) .	**11** Chicken Tenders (3) (16) Potato Wedge 1/2 c (17) Carrots 1/2 c (6) (9) Banana 1 ea (34) Dinner Roll WG IW (16) Juice 100% 4ozL Fruit (15) .	**12** Pizza Slice WG (32) Rom. & Spin. Sal w/tom 1.25 c Vegetable Juice 4oz (13) Strawberry c Chilled 4oz (18) Craisins (28) Goldfish Grahams WG (19) (19) .	**13** Buffalo Chick Brioche WG (31) Broccoli 1/2c IW (4) Vegetable Juice 4oz (13) Zee Zee Fruit Sours (31) Fresh Fruit (22) .
16 Breakfast Sandwich WG Diced Potatoes 1/2 c (15) Vegetable Juice 4oz (13) Fresh Fruit Mix (up to 2) (22) .	**17** Chicken Patty w/Chz WG bun (42) Corn Cobbett (19) Vegetable Juice 4oz (13) Fresh Fruit Mix (up to 2) (22) .	**18** Nachos 2.6 w/Shr Chez (26) Salsa Cup 3oz IW (5) (4) Mexican Style Beans 1/2 c (21) Tortilla Chips (2Br)WG (36) Fresh Fruit Mix (up to 2) (22) .	**19** Pizza Slice WG (32) Carrot Coins 1/2 c (9) Vegetable Juice 4oz (13) Fresh Fruit Mix (up to 2) (22) Baked Chips WG .	**20** Chicken Romaine Caesar Salad (9) Cheese Bread (2)WG Grape Tomatoes 1/4 c (3) Chilled Fruit 1/2 c (16) Juice 100% 4ozL Fruit (15) ^
23 Swedish Meatballs (4) (8) Brown Rice WG 1/2 c (37) Carrots 1/2 c (6) (9) Vegetable Juice 4oz (13) Fresh Fruit Mix (up to 2) (22) Dinner Roll WG on side (16) .	**24** BBQ Chicken Slices (20) Corn Bread Loaf 2oz WG IW (28) Baked Beans 1/2 c (22) Vegetable Juice 4oz (13) Fresh Fruit Mix (up to 2) (22) Sun Chips WG (19) .	**25** *Closed*	**26** * Closed *	**27** * Closed *
30 Breakfast Burrito WG IW (29) Cheese Stick 1 oz (1) Diced Potatoes 1/2 c (15) Salsa Cup 3oz IW (5) (4) Fresh Fruit (22) Juice 100% 4ozL Fruit (15) .				

Carb Counts included in parenthesis ( ) for each item

* Carb counts are estimated based on nutrition labels from the manufacturer and USDA data

Milk Carbs:
Fat Free White Milk 1/2 Pint (Purple)(12)
Fat Free Chocolate Milk 1/2 Pint (Brown)(23)

*(V) indicates a vegetarian entree

This institution is an equal opportunity provider.